ABOUT THE FACULTY

WILLIAM ADLMAN (Magic) an occupation of Real Estate Investing and a part time love of Magic. He has performed at birthday parties, fund raisers, corporate events and schools. He is an enthusiastic entertainer with an approach to Magic that leaves an audience laughing, mystified and most importantly entertained. He has experience teaching adult education.

JOSEPHINE ALONGI (Beauty Miracles) is a licensed esthetician and certified personal and group fitness instructor. She has built her business by teaching how skin care and exercise are connected. She specializes in facial massage, chemical peels and makeup application. Her fitness background will enhance your skin care results.

GORDON APPEL (1/2 Court Basketball) is the instructor. He has been playing locally for over 25 years and has the scars to prove it. Gordon currently runs the Sunday morning Men's Basketball Club.

BARBARA ARNOLD (Reiki & Meditation) is a Traditional Usui Reiki Master Teacher with a private practice in Port. She is also an Interfaith Minister of Spiritual Counseling and president/founder of Abundance, her spiritual center.

MATT ARNOLD (Adobe Photoshop, Excel, Power Point, Windows, Word) is an Information Technology consultant offering computer program training and services for home and business. He has over 30 years of IT experience in computer management, program applications, digital imaging and instruction of the MS Office suite. IT Matters, his private consulting business, is based in Port Washington.

AUDREY BERNHARDT (Yoga) a 200-hour certified yoga instructor, has been practicing yoga for most of her life. She is co-owner of a business in Roslyn and enjoys sharing her passion for yoga with her students.

BODY 'n SYNC (Pilates) was founded in 1998. It was the first professional Pilates studio in Port Washington and is a member of the Pilates Method Alliance which monitors the quality and safety of its instructors.

SUSANNA BRAKHMAN (Jin Shin Jyutsu) is a certified practitioner, educator, music teacher, and performer and has more than 25 years of teaching and lecturing experience for diverse communities. She teaches Jin Shin Jyutsu self-help and self-help classes.

JOHN BRENKOVICH, CFP, CHFC, AAMS, (Social Security) a Certified Financial Planner Professional has been a practicing Financial Advisor since 1988. John is a graduate of Pace University's Lubin School of Business in NYC with a Bachelors of Business Administration degree in Finance. His services are offered through Royal Alliance Associates, Inc., member FINRA/SIPC.

LISA BUCHANAN (Lab Tests) has 11 years experience with the number one diagnostic laboratory in the world, Quest Diagnostics. She has a degree in Medical laboratory technology.
RICHARD M. CARLTON, M.D. (Dementia, Food Additive) is a psychiatrist with 40 years’ experience using nutrients as part of an overall regimen to improve cognitive disorders as well as mood disorders.

JOHN CASALE (Ballroom) a certified Professional Competitor and Dance Teacher by the North American Dance Teachers Association and is an Adjudicator with the National Dance Council of America.

MASTER HENG CHENG (Tai Chi) is a 35th generation of Shaolin Warrior Monk. He has over 10 years of intense training at the Shaolin Temple in Henan China. Head coach of the NY Shaolin Warrior Monks Performance Team.

LINDA CICCHETTI (Zumba) is a certified Zumba instructor who works locally in Port. She works for the PWUFSD at Guggenheim school.

ELEANOR J. DARIENZO (Sell Home) is an attorney, real estate broker for Daniel Gale Realty and a spiritual director. She has taught courses in simple living, Feng Shui, and how to declutter. She also taught Business Law and Economics at the college level.

DEBRA DEMOU, CPT (Posturcis®) is a certified Posturcise® Trainer. She has trained and taught with Dr. Michael Remy who has authored and been published in two works on Posturcise.

LAURENCE DRESNER (Retirement) is a Chartered Financial Consultant, author, columnist and speaker. His articles have appeared in Financial Planning Magazine, the journal of Practical Estate Planning, the

DAVID EASTWOOD (Writing) is a Port resident who taught college English for 25 years at the US Merchant Marine Academy. He has been published in various magazines and Journals. He has a PhD in Victorian Literature.

ROBERT ELLINGER, CMB, CEPC Baked to Perfection/Ellinger Baking Institute Inc. Certified Master Baker and Certified Executive Pastry Chef.

EVOLUTION PILATES Since 2003, Evolution Pilates in Port Washington, NY has been Long Island’s premier Pilates studio offering private and group Pilates lessons using apparatus and mat based exercises. We offer over 30 classes a week in a dedicated studio and we focus purely on Pilates. To ensure proper form and comprehension, classes are limited to six students. We provide personalized attention and value quality over quantity. You will learn Pilates in a supportive relaxing environment.

BETTY FAHY (Astrology) has 25 years experience in Astrology Chart readings and teaching Astrology. She owned and operated an Astrology store and website in Arizona.

SANDY FALLON WOISIN (Horseback Riding) has grown up in the horse business, 3rd generation. Competed extensively and trained other riders for championships.
GARY FELDMAN  Consumer Food Educator, was an innovator in the nutritional supplement field with a first of its kind retail mail-order catalog of name-brand vegetarian supplements and cruelty-free personal care products, taught in CUNY’s Queensborough Community College Continuing Education Program, Great Neck Adult Education Center in the Great Neck Public Schools, Port Washington Union Free School District Adult and Continuing Education, freelance writer, is on the New York State Performers and Programs Database. Gary is a forerunner in public education on GMO food, presented Organic Food Facts Made Simple for the Queens Library Green Initiative

BARRY FOX  (College Cost) owns and runs College Finance Consulting College Access, Inc. and lectures all over Long Island.

ALVIN FROHMAN  (Bridge) an ACBL accredited bridge teacher. Member American Bridge Teachers Association, Board member Nassau Suffolk Bridge League, Silver life master. He teaches bridge in Glen Cove and privately.

CATHY GERBE  (Toning with Weights) is certified in CPR and by the American Council on Exercise. She has AS in Physical Therapy. She works as fitness instructor at The Links, health clubs and as a personal trainer.

MARY P. GIORDANO  (Elder Law/Estate Planning) a shareholder in the firm, Franchina & Giordano, P.C, is an attorney whose areas of concentration are in Elder Law, Wills, Trusts, Estate Planning, and Estate Administration. She is a Chair of the Nassau County Bar Association's Committee on Elder Law, Social Services and Health Advocacy, Surrogate's Court Estates and Trusts Committee, NYS Bar Association's Trusts and Estates section and Elder Law Section, National Academy of Elder Law Attorneys, and the LI Community Foundation Professional Advisory Committee.

FRED AND PAT GUDEL  (Line Dancing) has been teaching Line Dancing since 1997. They teach for various venues.

DR. MEL HABER  (Opera) has been a devoted music lover, primarily of popular music and opera. He is extremely knowledgeable and passionate, and he has presented many programs to various groups.

TOKEY HILL  (Cardio Kickboxing) is the first American to have ever won the World Championships in Karate. He presently is the coach of the US National Karate Team and director of Tokay Hill's Karate Center.

LINDA OGECHI IGBOKWE  holds a Bachelors of Science in Professional Communications from Farmingdale State College and a Master’s of Science degree in Accounting from SUNY Old Westbury. She has over 7 years experience in banking. She is an enthusiastic speaker and teacher of personal finance. She designed the One Savvy Dollar Curriculum which deals with the core of and focuses on 5 key issues of personal finance. She is also a member of the Nassau County Financial Literacy Committee.

ELLIE KOUKOU  (Middle Eastern Cuisine) has learned the ins and outs of Persian cooking from her mother, Astrid. They enthusiastically want to share their knowledge.
**RICHARD LANDSMAN** (Organize Finances, Investing) has been the President of Nottinghill Capital Inc. in Roslyn for the past 15 years. Previously he was a Sr. Executive VP at Smith Barney for 15 years. He is an Adjunct Professor at both Columbia University and St. John's U. Business Schools.

**FANNY LEE** (Chinese) earned her Bachelor’s degree in Taiwan. She now teaches Chinese at Friends Academy. Her goal is to be an e-teacher.

**CAROL LEITNER** (Holistic Health) Health Care Administration, Health Educator, Certified Kripalu Yoga Instructor, Thai Yoga Body worker, Award-winner for her ongoing dedication to keeping our local communities healthy on all levels.

**LINNY LIU** (Floral Design) is a graduate of the American Floral Art School. She has her own floral studio in her home in Port where she creates for her private customers.

**JEFFREY LONDON** (Retirement) is a Private Wealth Advisor and Certified Financial Planner Practitioner with Ameriprise Financial Services, Inc.

**PATRICIA LUIQUE** has an extensive professional experience as a language instructor and evaluator for the French and Spanish languages.

**PHIL MESSINA** (Self Defense) is founder and President of Modern Warrior. Highly decorated by the NYPD, he has been featured on national and international TV, radio, newspapers and magazines. He has conducted training seminars for police trainers and officers in the US and abroad. Serves on the ILEETA Board.

**BETH MOHR** (Chair Yoga) A 500 hr. certified yoga instructor who has been studying since 2004. She is available in private practice in the Great Neck/Port Washington area.

**KRIS NOONAN** (Piano, Citizenship) is a licensed and certified teacher for ESL. She has instructed foreign students for the citizenship test. She is bilingual. She has taught piano for 20 years at all levels.

**GARY NILSEN** has been writing for forty years. After a long career in the business world, he has refocused his attention on writing novels. He is an MFA candidate with the Southern New Hampshire University program for Fiction Writing and recently won the school’s Robert J. Begiebing award for a manuscript of high literary promise for his novel *Alfheim*. He has previously published articles on underwater archaeology and self-published a short story *Nether Lands*.

**NAOMI PENNER** (Spanish, Latin and Hustle) is a retired NY State certified teacher and counselor. She worked for the Great Neck Public Schools for 34 years and teaches in their and many other Adult Programs.

**JOANN PERAHIA** while being a Business Consultant for 25 years also is a semi-professional figure skater who coaches children and has accomplished twin son actors. She took 7 years off to manage her sons acting careers who have been in feature films, flying back and forth from New York to L.A. She has spoken at many acting schools, has even tried her hand as an agent. She has a wealth of knowledge for parents who believe their children have talent and want to pursue the
Entertainment Industry. If you are considering getting your baby, preschooler or teen into the Entertainment/Acting industry and you want brutal honesty then this class is for you. You will not be given polished information and you will be given accurate leads on how to navigate the business.

**STACY PINCHIAROLI** (Buy/Sell EBay) is a power seller and has been selling on eBay for 14 years for people on consignment. She has a high feedback rating from buyers and a successful auction completion rate. She has taught this course at other Adult Education programs.

**PORT WASHINGTON TENNIS ACADEMY** (Tennis) has been associated with Continuing Education since 1984 using their teaching facility and professionals to teach tennis to the Port Washington community.

**FEROSA PLOTKIN** (Sewing) a Port Washington resident for 41 years. Ferosa has been a professional tailor and enjoys sewing for herself and others.

**ALLISON PRUDENTE** is a Certified Personal Chef and the owner of Gourmet Your Way. Gourmet Your Way is a service that delivers healthy and seasonal foods to your home or office.

**ANITA RABIN-HAVT** (Art History) retired from teaching in 2010, she received Bachelor of Fine Arts from New York University, and a Masters from Columbia University. She is an educational consultant and gives museum gallery lectures and tours through her private business.

**MICHELLE RE** (Money) is a registered Financial Advisor. She is also a registered representative with FINRA and NYS Dept. of Banking and Insurance.

**DR. MICHAEL REMY, DABCO, CCSP** is a Chiropractic Orthopedist, fitness author, Founder of Posturcise exercise system, and exercise radio show personality.

**WENDY RICHMOND** (Memory, Speed Reading) aka "Wild Wendy" is a Professional Keynote Speaker and Human Resource Professional. She is a certified Farrow Memory Speaker and has worked with Dave Farrow, two times Guinness World Record Holder.

**CHRISS ROMANCE** (Emergency Preparedness, CPR & AED, First Aid, Work place Security) is the President and CEO of the Emergency Response Consulting Group, Inc., a multidisciplinary training and emergency management consulting firm. Graduate of FBI National Academy, NYS Certified Police Instructor, US Dept. of Homeland Security Advanced Incident Command Instructor.

**MICHAEL ROVECCIO** (Drawing) has been teaching drawing for over 25 years. He has had various art shows throughout Long island and specializes in pencil and pen and ink.

**ROBERT SCHAPIRO** (Live without Fear) retired as an airline captain after spending 34 years flying around the world. He has taught classes on aviation to kindergartners and college students and has been featured in Newsweek and interviewed on NBC TV.

**ALAN SCHWARTZ** (Voice Overs) has over 11 years of diversified experience as a voiceover artist. His versatile voice has been heard worldwide in TV and radio commercials, promos, documentaries
and animated films. He's done campaigns for Sprite, Verizon, Yahoo! and he's also "Alex" the voice of the MAC Operating System, iTunes and the iPod Shuffle.

**STEVE SEMRYCK** is a resource for the senior marketplace. The goal is to provide assistance and a better understanding of Medicare, which will help you to make intelligent decision concerning your health insurance coverage.

**STEPHEN SHACKEL** (Basketball) Steve has retired after teaching in Port for 38 years. He has been involved with Adult Ed for 33 years.

**JEFFREY R. SILVERMAN** is both a Certified Financial Planner practitioner and a licensed attorney in the State of New York; he has the combined experiences in financial and legal matters to successfully handle the many issues involved with retirement planning matters. Mr. Silverman works with his clients to develop and implement effective lifetime planning strategies to assure that their needs are properly handled throughout their lives.

**RON STEIGER** is a Registered Representative who also provides financial services including, annuities, mutual funds, estate planning, retirement funding, disability & life insurance products, mortgage protection, college funding and major medical and dental plans to both union, corporate and individual clientele including clients with more than 1200 employees. Mr. Steiger is committed to helping his clients enjoy, create, accumulate and preserve their wealth. Some of Mr. Steger’s seminars include; The Complete Financial Management Workshop, Long Term Care and Disability, College Funding, Living Wills/Health Care Proxy and Power of Attorney, and a series of seminars tailored for the Medical & Legal Professional.

**MICHIKO, TANI** (Japanese) is a Japanese conversation teacher in NYC. She received her BA and MA in Kobe, Japan. She works for the Berlitz School of Languages of America.

**SHARI THOMPSON** (Yoga) a 17 year resident of Port Washington will be leading a Vinyasa style Yoga class at Yoga Life. Shari is a 200 hour certified vinyasa instructor with over 7 years of yoga and pilates practice.

**MARIA TOCCI** (Italian) is a native speaker who works as a private tutor. She also teaches adults in Garden City and Westbury and for the Italian American Committee on Education (IACE).

**US POWER SQUADRON** (America's Boating) is the world's largest private non-profit boating organization with over 55,000 members. Its members are boating families who contribute to the community by promoting safe boating on the water and in the classroom.

**MICHAEL USOSKIN** (Volleyball) has been involved with the Port Washington Continuing Education Power Volleyball Program since 1995. He plays competitively year-round in the NY Urban Professionals Volleyball League, and in other leagues and groups, including beach volleyball in the spring/summer/fall seasons.

**JULIA VAN LOON** is the president of JGVL Associates, Inc., a culinary and food reform consultant firm serving public schools, restaurants and individuals in the New York area. Julia is passionate
about sharing her expertise with her clients and teaches us to become our own best advocates for our nutritional prosperity. A stroll through the grocery store with Julia is certain to add a new, positive dimension to how you food shop for yourself and for your family.

**NANCY WAGNER** (Knitting) is a Technology Coordinator in the NYC Schools. She earned her BA in Fine Arts at Connecticut College, MBA at Adelphi University, MS in Supervision and Administration at Touro College, MA in Education from C.W. Post.

**JULIE WARD-ABDO** (Senior Services of North America) Helps assist thousands of seniors and retirees each year with questions and concerns they have regarding their health insurance options, retirement planning and maximizing social security benefits. Our organization conducts seminars in various libraries, senior centers and adult communities throughout the New York area. We have become a resource to educate retirees and future retirees.