

## [ABOUT THE FACULTY](#)

[WILLIAM ADLMAN](#) (Flip This House) William Adlman has an extensive career in sales and marketing. For the past 17 years he has been purchasing, renovating, and re-selling residential properties. He has expertise in all aspects of the residential building business from the purchase, construction, and final sale. He has been very successful in flipping homes profitably.

[DR. ALBRIGHT, JACQUELINE](#) (Memory Made Easy – Memory Training for Every Age) Jacqueline was a practicing doctor for over 30 years who used Memory Techniques to consume and retain vast amounts of information. Her humorous style and powerful message speaks to business and student audiences alike, helping them understand the true potential they hold. Now she is dedicated to awakening their latent talents and skills with the same knowledge that has helped her all these years. Her lectures are high energy, motivating and will leave your audience with memory tools they can immediately use in business, in studies and in life.

[JOSHUA ALBUCKER](#) (Resume Writing / Mastering the Job Interview Workshops) Joshua Albucker has been working in the recruiting industry for over 15 years. In that time, he has helped over 2000 people get full time employment and thousands more get part time and temporary work. He attributes this success to his hands-on and tailored approach to coaching candidates to get the job of their dreams. Joshua holds a Bachelor's Degree in Science from the University of Wisconsin-Madison.

[JOSEPHINE ALONGI](#) (Beauty Miracles) is a licensed esthetician and certified personal and group fitness instructor. She has built her business by teaching how skin care and exercise are connected. She specializes in facial massage, chemical peels and makeup application. Her fitness background will enhance your skin care results.

[RONALD ARMANINI](#) (Song Writing) has been a Professor of Music at Saint Joseph's College and a Professor of Music Education at Dowling College for the past 28 years. Some of the places his musical compositions have been performed include: Hofstra University, Adelphi University, Dowling College, Levittown School District and the Amityville Square.

[BARBARA ARNOLD](#) (Reiki & Meditation for Relaxation) is a Traditional Usui Reiki Master Teacher with a private practice in Port. She is also an Interfaith Minister of Spiritual Counseling and president/founder of Abundance, her spiritual center.

[MATT ARNOLD](#) (Excel - Beginner & Intermediate / Windows Basic / Word for Beginners) is an Information Technology consultant offering computer program training and services for home and business. He has over 30 years of IT experience in computer management, program applications, digital imaging and instruction of the MS Office suite. IT Matters, his private consulting business, is based in Port Washington.

**DOUGLAS AUGENTHALER** (Enhancing Your Investing IQ) Doug Augenthaler has spent over 30 years engaged in investment research of both fixed income and equity securities. Prior to forming Highbrace, he was a senior equity research analyst at CIBC World Markets (and predecessor companies, CIBC Oppenheimer & Co.) as well as Dean Witter Reynolds and EF Hutton. His fixed income experience includes credit analysis and ratings at Moody's Investors Service. Mr. Augenthaler has often been cited as a top investment analyst for the accuracy of his forecasts and the performance of his security selections, earning numerous mentions on the Institutional Investor "All America" research team and as a top analyst in the annual Wall Street Journal survey. Doug was highlighted in a story on TheStreet.com titled "The Analyst That Saved My Life" for his work on Waste Management, which suffered for bogus accounting issues. Doug, who serves on the Advisory Board of Hope Funds for Cancer Research, is a graduate of Boston College with a B.S. in Finance and Pace University with an M.S. in Investment Management. He is also a Chartered Financial Analyst and a Certified Financial Planner and has taught undergraduate and graduate investment courses at Molloy College.

**BLUE MOON PROJECT TEAM** (TaeKwonDo – For Adults / MMA Fitness - Mixed Martial Arts)  
Steven Ayoung, 4<sup>th</sup> DAN Black Belt, is the head of our TKD/MMA program. He is an expert Martial Artist and MMA Fighter with over 40 years of experience. He has also appeared in Martial Arts films and has trained students for competition and film. His other areas of expertise include Hapkido, TKD Tricking (Acrobatics) Kali and Capeoria.  
Helen Oh, 3<sup>rd</sup> DAN Black Belt, is the co-owner of Blue Moon Project. She raised two black belt children (now adults) and began her own TKD training in her 40's! She is passionate about her mission to develop self-confidence and self-empowerment in all students through this martial arts practice.  
Mack Kim, 3<sup>rd</sup> DAN Black Belt, has been practicing TKD for the last 15 years. Trained by his grandfather, 9<sup>th</sup> DAN Grandmaster J.K. Park, he still competes at tournaments in New York and out of state. At Blue Moon TaeKwonDo, he teaches all levels, specializing in sparring.

**BODY 'N SYNC** (Pilates) was founded in 1998. It was the first professional Pilates studio in Port Washington and is a member of the Pilates Method Alliance which monitors the quality and safety of its instructors.

**JOHN BRENKOVICH** (Maximizing Social Security) CFP, ChFC, AAMS, is a Certified Financial Planner Professional and has been a practicing Financial Advisor since 1988. John is a graduate of Pace University's Lubin School of Business in NYC with a Bachelors of Business Administration degree in Finance.

**DAN BRENNAN** (Acting at Any Age) Dan Brennan has been a professional actor for the past 25 years. He has appeared in over 75 national television commercials, over 15 feature films as well as numerous television shows. Dan also works as a film director having directed three award-winning films. In addition to that, he runs Dan Brennan Media, a boutique and agency on Long Island specializing in sales, videos and TV commercials.

**RICHARD M. CARLTON, M.D.** (Dementia / Insomnia/Cannabidiol (CBD) Heal Without the “High”) is very experienced in treating patients whose health problems improved from eliminating trigger foods, and from taking nutrients that dampen the inflammatory reactions to those foods. Dr. Carlton is an integrative physician who uses natural, drug free approaches whenever possible. He is authorized by the State to recommend medical cannabis to patients, and his book on the subject is scheduled for publication in late 2017.

**JOHN CASALE** (Ballroom Dancing) is a certified Professional Competitor and Dance Teacher by the North American Dance Teachers Association and is an Adjudicator with the National Dance Council of America.

**LINDA CICCETTI** (Zumba) is a certified Zumba instructor who works locally in Port. She works for the Port Washington UFSD at Guggenheim school.

**JAMES (CHIH-KANG) CHU** (Chin Na & Tai-Chi) I started providing Tai-Chi lessons as a volunteer in Port Washington Shaolin Temple Kung Fu center 3 years ago. Most people think Tai-Chi is for old people. It's not!! Tai-Chi is a kind of martial art, which trains your body from the inside out and is good for all ages to practice. Besides health maintenance, Tai-Chi actually contains self-defense, which most people don't know. By teaching Tai-Chi, I would like to help people maintain health and learn self-defense. Chin Na is one of the 72 unique techniques in Shaolin Temple, which is the birthplace of Kung Fu. I got a chance to take Chin Na lessons from two of the Shaolin warriors. That gave me a chance to realize what Chin Na is. Chan Na literally translates as the technique of catching and locking in Chinese. Chin means to seize or trap, Na means to lock or break. The idea of teaching Chin Na came to me since I read in the news that 25% of college girls suffered from sexual attack in the states 2 years ago. I chose Chin Na because it is more about the skills other than muscle.

**JO-ANN DAMATO** (Bridge – Beginner) Jo-Ann Damato is an American Contract Bridge League (ACBL) certified teacher and life master. She is a member of the American Bridge Teachers Association (ABTA) and has attained the title of “Master Teacher”. Jo-Ann has over thirty-five years of teaching experience and is qualified to teach all levels of bridge.

**ANTHONY DEMARINIS** (Canine CPR & First Aid) Anthony is a certified Pet First Aid and CPR instructor from *Pet Tech* (ID # 1976). Before becoming a Pet Tech instructor Anthony was a dog owner who took the Pet Tech CPR course to have an understanding on how to perform CPR in the event of an emergency. After taking the course, Anthony realized how important knowing pet CPR and First Aid was, he decided he wanted to teach pet owners how to save their pets life in an emergency. Anthony graduated with honors in Business Communication with a Bachelor's degree from Curry College. Although Anthony currently works in the recycling industry, his passion is working with Dogs. For fun Anthony has worked at a local Veterinarian and a local dog daycare facility. Currently, Anthony has a certified therapy dog which he uses to volunteer his time in local hospitals and in the autism community.

**VINCENT DESANTIS** (Long Term Care 101) – Vincent is an independent licensed Long Term Care Insurance Agent of Genworth Life Insurance Company of New York in New York since 1996 and understands the potentially significant impact that long term care can have on a family. Vincent is actively involved in a number of organizations such as Sons of Italy, RMEF, SCI and Our Lady of Fatima

Church, Port Washington. Vincent graduated from NY Institute of Technology in 1986 with a degree in Business Administration. He has been an invited speaker at national and regional professional conferences concerning the issues of long term care. In addition, he regularly conducts seminars/sales presentations in Civic organizations, companies, and libraries that provide consumers with the knowledge required to effectively plan for long term care. My mission is to help educate the public about solutions for Long Term Care, to assist clients in exploring their options for Long Term Care, and to provide cost effective Long Term Care Insurance to the people of New York. Long Term Care is a difficult subject for most people to discuss. Families do not realize how important Long Term care can be until they are either uninsurable or actually need Long Term Care.

**GARY FELDMAN** (Make Food Your Partner for Wellness: Prescription Not Needed) Gary Feldman teaches about nutritional supplements, food, the ecosystem and sustainable living. He shares over 25 years of knowledge in these subjects. An innovator in the nutritional supplement field, he created a first of its kind retail specialty catalog of all name-brand vegetarian nutritional supplements and cruelty-free products, and did extensive research for customers; Diploma in Nutrition Science, American Nutrition Consultants Assoc., Pasadena, California Board of Ed. Taught Continuing Ed: Port Washington UFSD, Queensborough Community College, Great Neck Adult Center; listed on the New York State Performers and Programs library website. Gary presented Organic Food Facts Made Simple for the Queens Library Green Initiative; freelance writer.

**CHRISTINE M. FILARDI** (Home Cooking For Your Dog and Cat) Christine M. Filardi is a Certified Holistic Chef for Animals. She started her company, BowMeowRaw, with the vision of helping dogs and cats live long and healthy lives. Her journey began 15 years ago when she was introduced to the idea of feeding her pets a biologically appropriate diet. Christine's passion is to help pet owners make the easy and affordable transition off of commercial pet food to either a cooked and/or raw diet. Her clients receive custom transition diets for their dog or cat and coaching along the way. Her book, *Home Cooking for Your Dog*, is full of easy recipes with healthy ingredients that teach dog owners how to create nutritionally balanced meals that all dogs are sure to love! For the past year Christine has been on the Halftime Howie Radio Show doing her Passion for Pets segment. To view these segments and more visit: [www.BowMeowRaw.com](http://www.BowMeowRaw.com)

**BARRY FOX** (College Financial Aid for Long Islanders) owns and runs College Finance Consulting College Access, Inc. and lectures all over Long Island.

**MARY P. GIORDANO** (Elder Law / Estate Planning) a shareholder in the firm, Franchina & Giordano, P.C, is an attorney whose areas of concentration are in Elder Law, Wills, Trusts, Estate Planning, and Estate Administration. She is a Chair of the Nassau County Bar Association's Committee on Elder Law, Social Services and Health Advocacy, Surrogate's Court Estates and Trusts Committee, NYS Bar Association's Trusts and Estates section and Elder Law Section, National Academy of Elder Law Attorneys, and the LI Community Foundation Professional Advisory Committee.

**AVIVA CHANSKY GUTTMANN** (Repair and Reconnect – A Relationship Communication Workshop) Aviva Chansky Guttman, LMSW, is a Certified Imago Relationship Therapist with over 25 years experience counseling couples, individuals and families experiencing challenges ranging from marital conflict, sexual and emotional intimacy, chronic and terminal illness, caregiver stress, special needs parenting concerns, adoptees' identity concerns, and other areas of suffering and difficulty. Imago

Therapy offers a safe, focused and non-confrontational method of dealing with conflict. Aviva is also pursuing accreditation in Certified Sex Therapy through AASECT (American Association of Sex Educators, Counselors, and Therapists ). Her website is available at [www.avivachanskyguttman.com](http://www.avivachanskyguttman.com) Reach her at 631-885-4375. Offices in Long Island and Manhattan

**GERALD HALLISSY, (FAIA)** (Maximizing Your Home Value for Sale – An Architect/Realtor’s Case Studies) Jerry is a licensed architect in New York State, a fellow of the American Institute of Architects, and Licensed Real Estate broker. As an architect, he has worked on some of New York’s most complex construction projects. As an Associate Broker at Coach Realtors, he lists and sells properties in the New York metropolitan area, from Manhattan to Montauk. As a native Long Islander and owner of local residential properties, he is experienced in maintenance and enhancement of the livability and resale value of domestic real estate. Any homeowner who is thinking of selling on Long Island and downsizing, or investing in a Manhattan pied-à-terre, or leaving Manhattan for a suburban home or condo, will find this Course an excellent resource. Even those not planning on a move in the immediate future can benefit from this Course. A private home has historically been an excellent investment. The potential return on this investment can be increased by prioritizing enhancements to the home according to need, added user comfort, and added value. Jerry will provide vital information to both sellers or buyers and act as a facilitator in making a real estate transaction successful.

**CHRISTOPHER HELIN** (Weathering Job Transitions. Preserving Your Future) Chris Helin is a Certified Financial Practitioner (CFP) and runs a financial planning practice at Amerprise Financial for the past 14 years. “I help my clients achieve their dreams for today, tomorrow, and well into the future – using our exclusive *Confident Retirement* approach”. It starts with a personalized conversation about covering essentials, ensuring lifestyle, preparing for the unexpected and leaving a legacy. By breaking your financial goals down into doable steps, we can help take the uncertainty out of planning for your financial future. Earned a B.S. in Economics from the University of North Carolina at Chapel Hill, Chris lives in Port Washington with his wife, daughter and two dogs.

**TOKEY HILL** (Fitness Kickboxing) is the first American to have ever won the World Championships in Karate. He presently is the coach of the US National Karate Team and director of Tokey Hill's Karate Center.

**(LINDA) OGECHI IGBOKWE** (Your Bargaining Chip: (Credit) How To Make Your Score Leap Like LeBron) Ogechi is the founder of OneSavvyDollar; a personal finance company that exists to make people’s financial lives dramatically simpler, more convenient, more productive, less intimidating, more fun and fashionable. She teaches personal finance based on real life experiences in a fun and engaging manor. She walks her talk and has the results to prove it. Ogechi shows you what works, what doesn’t and most importantly, why it doesn’t work. Her personal journey includes buying her first home at 21 and owning two investment properties by the time she was 22, which she still owns today. She has a Bachelor’s degree in Professional Communications and a Masters in Accounting.

**RICHARD JACK** (How To Select the Right Financial Advisor) Prior to co-founding Meadowbrook Wealth Management, Richard’s career in finance started at Pershing LLC as an Economist and Equity Research Analyst. While covering the computer hardware, software, Internet and semiconductor sectors, Richard earned honors as one of Wall Street’s best in 2000 by Zack’s Investment Research. Turning his focus towards assisting clients manage their investments on a more personal level, he joined Raymond

James Financial Services in 2006. Richard earned a BBA in Management from Hofstra University and an MBA in Finance from Dowling College.

**MARGO KARLER** (Planning A Dream Vacation Without a Nightmare Budget) has a Bachelor's degree in Anthropology and over 30 years creating custom global travel for friends and family. Her travel experiences include photography safaris in Eastern and Southern Africa, climbing mountains to observe Rwandan Gorillas, sailing on Live-Aboard boats in the Galapagos Islands, camping in Peru and the Serengeti, searching Central and South American jungles for archaeological ruins, and scuba diving the Great Barrier Reef, Belize, Costa Rica and South America.

**RICHARD LANDSMAN** (Getting Organized Financially / Psychology of Investing) has been the President of Nottinghill Capital Inc. in Roslyn for the past 15 years. Previously he was a Sr. Executive VP at Smith Barney for 15 years. He is an Adjunct Professor at both Columbia University and St. John's U. Business Schools.

**FANNY LEE** (Chinese) earned her Bachelor's degree in Taiwan. She now teaches Chinese at Friends Academy. Her goal is to be an e-teacher.

**CAROL LEITNER** (Experience Holistic Health to Dramatically Reduce Physical & Emotional Stress / Yoga – Gentle Stretch & Strengthening) MBA, Health Care Administration, Mount Sinai School of Medicine/Baruch College, Founder of The Wellness and Entrepreneurs Exchange, Organizer of Holistic Living on Long Island, Planner of Holistic Health Expos and Events, Holistic Health Educator, Certified Kripalu Yoga Instructor, Certified in Yoga for Depression and Anxiety, Thai Yoga Body Worker.

**DAN LEVINE** (Voice Overs – NOW is YOUR Time) has over 11 years of diversified experience as a voiceover artist. His versatile voice has been heard worldwide in TV and radio commercials, promos, documentaries and animated films. He's done campaigns for Sprite, Verizon, Yahoo! and he's also "Alex" the voice of the MAC Operating System, iTunes and the iPod Shuffle

**JEFFREY LONDON** (Creating Your Retirement Paycheck – Strategies to Help You Live the Life You Deserve) is a Private Wealth Advisor and Certified Financial Planner Practitioner with Ameriprise Financial Services, Inc.

**DEBBIE MATTMANN** (Body Sculpting With Weights) Has taught physical fitness classes for the past 30 years. She lives in Port and has been a Certified Personal Trainer for over 15 years. She is also AFFA certified.

**WENDY MEAGHER** (Mah Jongg) As an avid Mah Jongg player for the past 50+ years, I still love to hear the clicking of the tiles, and relish the joy in sitting down to play an evening of Mah Jongg with both new and old friends. For the past 5 years I have shared my love of the game by successfully teaching this exciting and very challenging pastime in Adult Education sessions on Long Island and have proudly turned a vast amount of ordinary people into fun Mah Jongg junkies!! I welcome you to come along for the ride!!

**BARBARA MEHLMAN** (Technology for the Terrified) Barbara Mehlman was an Expert for six and a half years at Apple Manhasset, working extensively with customers who are using technology devices for the first time. She was also a library media specialist teaching online

research to students and professionals. Prior to this, she spent 20+ years in advertising and publishing as a writer. Ms. Mehlman is owner of the newly created company, Technology for the Terrified, where she provides private instruction, device setup, and takes clients shopping to help them choose the right devices to meet their computing needs.

**PHIL MESSINA** (Self Defense from Modern Warrior) is founder and President of Modern Warrior. Highly decorated by the NYPD, he has been featured on national and international TV, radio, newspapers and magazines. He has conducted training seminars for police trainers and officers in the US and abroad. Serves on ILEETA Board.

**RICHARD MIGLIETTA** (Basketball) A graduate of Paul D. Schreiber HS in 2004, Rich played 4 years of basketball for the Vikings. He played Club Basketball at SUNY Cortland and graduated with a Degree in Physical Education. Also, Rich has a Masters Degree in Health from Hofstra University. He has been teaching Physical Education in Port for 7 years, 5 years at the elementary level and 2 years at Weber. He has been coaching basketball for 9 years at various levels including JV Boys and several AAU teams. Rich is currently the girls 7<sup>th</sup> grade Basketball Coach at Weber. He also coaches the boys 8<sup>th</sup> grade Soccer team and the girls 8<sup>th</sup> grade Softball team.

**BETH MOHR** (Chair Yoga) Beth is a 500 hr. certified yoga instructor who has been studying since 2004. She is available in private practice in the Great Neck/Port Washington area.

**KRIS NOONAN** (Piano / English As A Second Language) is a licensed and certified teacher for ESL. She has instructed foreign students for the citizenship test. She is bilingual. She has taught piano for 20 years at all levels.

**NAOMI PENNER** M.A. (Spanish Communication For Business, Home and Travel/ Dancing Latin and Disco Hustle) is a retired NY State certified teacher and counselor. She worked in the high schools in Great Neck for 34 years and currently teaches in several adult programs. She has taught communication and relationship skills since 1975. She has sponsored many social dances and events on Long Island and in NYC and has hosted radio and TV programs.

**JOANN PERAHIA** (How To Navigate the Entertainment Industry as an Actor) Managing her twin sons acting careers who are SAG feature film actors paved the way for this class. Joann also performs as a VO artist and does BG work. She has spoken at many acting schools describing the process as the Business side is truly neglected. Joann is a booking agent at Megatalentworks in LA. and is a semi-professional figure skater who teaches beginner figure skaters, young and old.

**STACY PINCHIAROLI** (Buying & Selling on E-Bay) is a power seller and has been selling on eBay for 14 years for people on consignment. She has a high feedback rating from buyers and a successful auction completion rate. She has taught this course at other Adult Education programs.

**PORT WASHINGTON TENNIS ACADEMY** (Tennis) has been associated with Continuing Education since 1984 using their teaching facility and professionals to teach tennis to the Port Washington community.

**FEROSA PLOTKIN** (Basic Sewing And Dressmaking) A Port Washington resident for 41 years, Ferosa has been a professional tailor and enjoys sewing for herself and others.

**MICHELLE RE** (The 60 Minute Money Course) is a registered Financial Advisor. She is also a registered representative with FINRA and NYS Dept. of Banking and Insurance.

**CHRIS ROMANCE** (CPR & AED / First Aid) is the President and CEO of the Emergency Response Consulting Group, Inc., a multidisciplinary training and emergency management consulting firm. Graduate of FBI National Academy, NYS Certified Police Instructor, US Dept. of Homeland Security Advanced Incident Command Instructor.

**STEVE SEMRYCK** (The A,B,C & D's of Medicare) is a resource for the senior marketplace. The goal is to provide assistance and a better understanding of Medicare which will help you to make intelligent decision concerning your health insurance coverage.

**HEATHER SIEGEL** (Creative Writing – Fiction and Nonfiction) Heather Siegel is an award winning author of the memoir, *Out From the Underworld* (Greenpoint Press, 2015) with two forthcoming works in progress. She holds an MFA from The New School and her work has appeared on *Salon.com* and in various online magazines and websites. She lives on Long Island with her family, and enjoys teaching and helping others cull and craft their writing. More about her can be found at [www.heathersiegel.net](http://www.heathersiegel.net)

**JEFFREY R. SILVERMAN** (Keep Income Flowing During Retirement / Life Planning for Children with Special Needs) is both a Certified Financial Planner practitioner and a licensed attorney in the State of New York. He has the combined experiences in financial and legal matters to successfully handle the many issues involved with retirement planning matters. Mr. Silverman works with his clients to develop and implement effective lifetime planning strategies to assure that their needs are properly handled throughout their lives.

**RON STEIGER** (Financial Education for Newlyweds / Living Wills, Health Care Proxy, Power of Attorney / Moving Your IRA's & 401K's / How to 101-Buying & Selling a Home) Ronald Steiger with Realty Connect USA in Woodbury is a New York State Licensed Realtor. In addition, Ronald Steiger, a Financial Advisor, is also the Regional Sales Director for Woodbury Financial Services, Inc. Steiger, known on Long Island as “the Real Estate Workhorse”, has lectured to well over 100,000 people on Financial Services & Products and on How to Buy & Sell a Home. He is active in many Long Island Charities, and is the Public Relations Officer for the Bellmore JFK Alumni Association, as well as being a member of the Hall of Fame of John F. Kennedy High School.

**MICHIKO TANI** (Japanese) is a Japanese conversation teacher in NYC. She received her BA and MA in Kobe, Japan. She works for the Berlitz School of Languages of America.

**SHARI THOMPSON** (Yoga at Yoga Life) a 17 year resident of Port Washington will be leading a Vinyasa style Yoga class at Yoga Life. Shari is a 200 hour certified Vinyasa instructor with over 7 years of yoga and pilates practice.

**US POWER SQUADRON** (America's Boating Course) is the world's largest private non-profit boating organization with over 55,000 members. Its members are boating families who contribute to the community by promoting safe boating on the water and in the classroom.

**MICHAEL USOSKIN** (Power Volleyball) has been involved with the Port Washington Continuing Education Power Volleyball Program since 1995. He plays competitively year-round in the NY Urban Professionals Volleyball League, and in other leagues and groups, including beach volleyball in the spring/summer/fall seasons.

**JULIE WARD-ABDO** (Turning 65, What to Expect!!) Julie Ward-Abdo is a health insurance coordinator specializing in Medicare health insurance plans. Her expertise and knowledge of the healthcare industry enables her to work with clients having various needs and concerns. She has a proven ability to foster relationships with her clients as well as healthcare partners. During the past seven years, she has worked to combine educational outreach and professional leadership, initiating CMS approved educational seminars at government agencies, senior facilities and not for profit organizations. Julie is most fulfilled when she works with people one on one and knows they have peace of mind regarding their healthcare choices.

**SANDY FALLON WOISIN** (Horseback Riding) has grown up in the horse business, 3rd generation. Competed extensively and trained other riders for championships.