

**To: Port Washington Families**  
**From: Guidance and Pupil Personnel Staff**

Port Washington Community Outreach  
September 2020

**UPDATED INFORMATION**

**FOOD RESOURCES**

1. **District food distribution locations below: FREE to all students through December 31<sup>st</sup>. See below the district pick up times and locations.**

Monday, Tuesday, Wednesday, 9:30am-11am

- a. Schreiber High School - Entrance
- b. Sousa Elementary School - Parking Lot

2. **Contact the churches to visit the local food pantries:**

*You do not need to be affiliated with the churches to access pantry. Pantries are open to ANY community family in need. You MUST call and make an appointment while we are social distancing.*

- a. Our Lady of Fatima- Contact Name: Sister Kathy 516-883-3903
- b. St. Peter of Alcantara--Contact name: Lourdes: 516-883-0365

**MEDICAL RESOURCES**

- o [Discount Pharmacy Card](#)
- o [NORTHWELL HEALTH SERVICES](#)
- o [ST. FRANCIS HOSPITAL](#)

**GENERAL NASSAU COUNTY RESOURCES**

- Nassau County has developed a site with a list of general resources:
  - o [COVID-19 Services & Resources](#)
  - o NYS CORONAVIRUS .....888-364-3065
  - o NASSAU COUNTY CORONAVIRUS CALL CENTER .....516-227-9570
  - o TEXT UPDATES.....COVID19NC TO 888777
  - o CRISIS HELPLINE.....516-227-8255

**EVICITION CONCERNS**

- For families with eviction concerns:
  - o [Coalition for the Homeless](#)
  - o [Nassau Suffolk Law Services](#)

**FINANCIAL RESOURCES**

- Various organizations can assist people in need of financial assistance:
  - o [New York State Unemployment Insurance](#)
  - o NY State is waiving the 7-day waiting period for benefits for people who are out of work due to closures or quarantines. Individuals can apply by phone at 1-888-209-8124.
  - o If a business is in danger of experiencing a mass lay-off, contact New York State Department of Labor by phone at 845-443-8066.

## **MENTAL HEALTH RESOURCES:**

- Nassau County Mobile Crisis Helpline: 516-227-TALK (8255). For those experiencing a mental health or addiction crisis.
- Nassau County Safe Center Hotline: 516-542-0404
- Nassau University Medical Center Psychiatric Emergency Room: 516-572-4775

### **Crisis Stabilization Center**

- Maryhaven Center of Hope - New Hope: 516-546-7070 Option 3
- **Single Point of Access (SPOA) for Care Coordination: 516-227-7057**

### **Intensive In-Home Services for Family and Children:**

- South Shore Child Guidance Center: 516-868 -3030

### **Crisis Respite Residential Services for Children:**

- Mental Health Association of Nassau County: 516-489-0100 Ext. 1318
- Sagamore Children's Center: 631-370-1701

### **Pediatric Behavioral Health Urgent Care Center:**

- Cohen Children's Medical Center (ages 5-17) Northwell Health: 917-480-4495

### **Suicide Prevention**

- National Suicide Prevention Lifeline: 1-800-273-TALK (8255)
- National Hopeline Network: 1-800-SUICIDE (784-2433)
- Long Island Crisis Center: 516-679-1111

### **Counseling Services**

- Central Nassau Guidance & Counseling Services: 516-822-6111
- Hispanic Counseling Center Hempstead: 516-538-2613
- Family and Children's Association: 516-485-5914
- North Shore Child and Family Guidance Center: 516-626-1971
- Long Island Families Together (LIFT): 631-264-5438
- National Alliance on Mental Illness (NAMI): 516-326-0797

### **Child Protective Services:**

- 24 hrs. Hotline: 1-800-342-3720 - Mandated Reporter Hotline: 1-800-635-1520

### **Substance Abuse:**

- Nassau County A.A. Hotline: 516-292-3040
- NUNassau County A.A. Hotline: 516-292-3040
- MC Chemical Dependency Detoxification (DETOX) Unit: (516) 572 -6394
- NUMC Inpatient Rehabilitation: (516) 572 -9402
- Nassau County Opioid Treatment Program East Meadow: (516) 572-5801
- Zucker-Hillside Opioid Treatment Program-Northwell Health Glen Oaks: (516) 470-8940
- COPAY Inc. Great Neck: (516) 466-2509
- Port Washington Counseling: (516) 767-1133
- Mercy Medical Center Garden City: (516) 705-3400
- Mineola Community Treatment Center-Northwell Health Mineola: (516) 742-4015
- Nassau County Opioid Treatment Program East Meadow: (516) 572-5801
- Seafield Treatment Center Manhasset: (516) 812-9944