

## **FACULTY BIOGRAPHY**

**WILLIAM ADLMAN** (Flip This House) William Adlman has an extensive career in sales and marketing. For the past 17 years he has been purchasing, renovating, and re-selling residential properties. He has expertise in all aspects of the residential building business from the purchase, construction, and final sale. He has been very successful in flipping homes profitably.

**DR. JACQUELINE ALBRIGHT** (Memory Made Easy – Learning to Master Your Memory) Jacqueline Albright is a retired practicing doctor for over 34 years who used Memory Techniques to consume and retain vast amounts of information. Now, she exchanged her lab coat for a microphone and a lectern to awaken the TALENTS & SKILLS of others with the same knowledge that has helped her all these years; Mental Talents that will improve your long-term successes. Her lectures are high energy, motivating and will leave you with memory tools you can immediately use in life and in your studies. Whether in business, a student or simply wanting to expand your mental abilities, Memory Training can change your life. You'll amaze yourself with what you're capable of doing.

**JOSEPHINE ALONGI** (Beauty Miracles) is a licensed esthetician and certified personal and group fitness instructor. She has built her business by teaching how skin care and exercise are connected. She specializes in facial massage, chemical peels and makeup application. Her fitness background will enhance your skin care results.

**BARBARA ARNOLD** (Reiki & Meditation for Relaxation) is a Traditional Usui Reiki Master Teacher with a private practice in Port. She is also an Interfaith Minister of Spiritual Counseling and president/founder of Abundance, her spiritual center.

**MATT ARNOLD** (Excel - Beginner & Intermediate / Word for Beginners) is an Information Technology consultant offering computer program training and services for home and business. He has over 30 years of IT experience in computer management, program applications, digital imaging and instruction of the MS Office suite. IT Matters, his private consulting business, is based in Port Washington.

**DOUGLAS AUGENTHALER** (Enhancing Your Investing IQ) Doug Augenthaler has spent over 30 years engaged in investment research of both fixed income and equity securities. Prior to forming Highbrace, he was a senior equity research analyst at CIBC World Markets (and predecessor companies, CIBC Oppenheimer & Co.) as well as Dean Witter Reynolds and EF Hutton. His fixed income experience includes credit analysis and ratings at Moody's Investors Service. Mr. Augenthaler has often been cited as a top investment analyst for the accuracy of his forecasts and the performance of his security selections, earning numerous mentions on the Institutional Investor "All America" research team and as a top analyst in the annual Wall Street Journal survey. Doug was highlighted in a story on TheStreet.com titled "The Analyst That Saved My Life" for his work on Waste Management, which suffered for bogus accounting issues. Doug, who serves on the Advisory Board of Hope Funds for Cancer Research, is a graduate of Boston College with a B.S. in Finance and Pace University with an M.S. in Investment Management. He is also a Chartered Financial Analyst and a Certified Financial Planner and has taught undergraduate and graduate investment courses at Molloy College.

**BLUE MOON PROJECT TEAM** (TaeKwonDo – For Adults / MMA Fitness - Mixed Martial Arts)

Steven Ayoung, 4<sup>th</sup> DAN Black Belt, is the head of our TKD/MMA program. He is an expert Martial Artist and MMA Fighter with over 40 years of experience. He has also appeared in Martial Arts films and has trained students for competition and film. His other areas of expertise include Hapkido, TKD Tricking (Acrobatics) Kali and Capeoria.

Helen Oh, 3<sup>rd</sup> DAN Black Belt, is the co-owner of Blue Moon Project. She raised two black belt children (now adults) and began her own TKD training in her 40's! She is passionate about her mission to develop self-confidence and self-empowerment in all students through this martial arts practice.

Mack Kim, 3<sup>rd</sup> DAN Black Belt, has been practicing TKD for the last 15 years. Trained by his grandfather, 9<sup>th</sup> DAN Grandmaster J.K. Park, he still competes at tournaments in New York and out of state. At Blue Moon TaeKwonDo, he teaches all levels, specializing in sparring.

**BODY 'N SYNC** (Pilates) was founded in 1998. It was the first professional Pilates studio in Port Washington and is a member of the Pilates Method Alliance which monitors the quality and safety of its instructors.

**JOHN BRENKOVICH** (Maximizing Social Security) CFP, ChFC, AAMS, is a Certified Financial Planner Professional and has been a practicing Financial Advisor since 1988. John is a graduate of Pace University's Lubin School of Business in NYC with a Bachelors of Business Administration degree in Finance.

**JAKE CARAMICO** (How To Win The Money Game / How To Profit from the Bitcoin Revolution) Jake has been in the Financial Industry for more than 14 years. He specialized in providing the education needed to help both families and businesses identify, and implement practical solutions toward Financial Wellness. Jake enjoys working with people and is dedicated to helping them achieve financial security. He has also customized various educational workshops for the employees and volunteers of many local and State Organizations. One of his long term goals is to positively affect the financial futures of more than 10,000 families by providing them each with the education and resources needed to make important decisions. He is available to provide confidential, comprehensive and complimentary counseling for a multitude of financial service needs. You can find a wealth of information about Jake at [www.Linkedin.com/in/Caramico](http://www.Linkedin.com/in/Caramico)

**RICHARD M. CARLTON, M.D.** (Dementia / Insomnia / Cannabidiol (CBD) Heal Without the “High”) is very experienced in treating patients whose health problems improved from eliminating trigger foods, and from taking nutrients that dampen the inflammatory reactions to those foods. Dr. Carlton is an integrative physician who uses natural, drug free approaches whenever possible. He is authorized by the State to recommend medical cannabis to patients, and his book on the subject is scheduled for publication in late 2017.

**LINDA CICCETTI** (Zumba) is a certified Zumba instructor who works locally in Port. She works for the Port Washington UFSD at Guggenheim school.

**JAMES (CHIH-KANG) CHU** (Chin Na / Tai-Chi) I started providing Tai-Chi lessons as a volunteer in Port Washington Shaolin Temple Kung Fu center 5 years ago. Most people think Tai-Chi is for old people. It's not!! Tai-Chi is a kind of martial art, which trains your body from the inside out and is good for all ages to practice. Besides health maintenance, Tai-Chi actually contains self-defense, which most people don't know. By teaching Tai-Chi, I would like to help people maintain health and learn self-defense. Chin Na is one of the 72 unique techniques in Shaolin Temple, which is the birthplace of Kung Fu. I got a chance to take Chin Na lessons from two of the Shaolin warriors. That gave me a chance to realize what Chin Na is. Chan Na literally translates as the technique of catching and locking in Chinese. Chin means to seize or trap, Na means to lock or break. The idea of teaching Chin Na came to me since I read in the news that 25% of college girls suffered from sexual attack in the states 2 years ago. I chose Chin Na because it is more about the skills other than muscle.

**JO-ANN DAMATO** (Bridge – Beginner) Jo-Ann Damato is an American Contract Bridge League (ACBL) certified teacher and life master. She is a member of the American Bridge Teachers Association (ABTA) and has attained the title of “Master Teacher”. Jo-Ann has over thirty-five years of teaching experience and is qualified to teach all levels of bridge.

**VINCENT DESANTIS** (Long Term Care 101) – Vincent is an independent licensed Long Term Care Insurance Agent of Genworth Life Insurance Company of New York in New York since 1996 and understands the potentially significant impact that long term care can have on a family. Vincent is actively involved in a number of organizations such as Sons of Italy, RMEF, SCI and Our Lady of Fatima Church, Port Washington. Vincent graduated from NY Institute of Technology in 1986 with a degree in Business Administration. He has been an invited speaker at national and regional professional conferences concerning the issues of long term care. In addition, he regularly conducts seminars/sales presentations in Civic organizations, companies, and libraries that provide consumers with the knowledge required to effectively plan for long term care. My mission is to help educate the public about solutions for Long Term Care, to assist clients in exploring their options for Long Term Care, and to provide cost effective Long Term Care Insurance to the people of New York. Long Term Care is a difficult subject for most people to discuss. Families do not realize how important Long Term care can be until they are either uninsurable or actually need Long Term Care.

**GARY FELDMAN** (Raise the Quality of Your Life, Not the Cost of Your Healthcare!) Gary Feldman teaches about nutritional supplements, food, the ecosystem and sustainable living. He shares over 25 years of knowledge in these subjects. An innovator in the nutritional supplement field, he created a first of its kind retail specialty catalog of all name-brand vegetarian nutritional supplements and cruelty-free products, and did extensive research for customers; Diploma in Nutrition Science, American Nutrition Consultants Assoc., Pasadena, California Board of Ed. Taught Continuing Ed: Port Washington UFSD, Queensborough Community College, Great Neck Adult Center; listed on the New York State Performers and Programs library website. Gary presented Organic Food Facts Made Simple for the Queens Library Green Initiative; freelance writer and is also a contributing columnist for the Great Neck Record.

**BARRY FOX** (College Financial Aid for Long Islanders) owns and runs College Finance Consulting College Access, Inc. and lectures all over Long Island.

**MARY P. GIORDANO** (Elder Law / Estate Planning) a shareholder in the firm, Franchina & Giordano, P.C, is an attorney whose areas of concentration are in Elder Law, Wills, Trusts, Estate Planning, and Estate Administration. She is a Chair of the Nassau County Bar Association's Committee on Elder Law, Social Services and Health Advocacy, Surrogate's Court Estates and Trusts Committee, NYS Bar Association's Trusts and Estates section and Elder Law Section, National Academy of Elder Law Attorneys, and the LI Community Foundation Professional Advisory Committee.

**AVIVA CHANSKY GUTTMANN** (Repair and Reconnect – A Relationship Communication Workshop) Aviva Chansky Guttman, LMSW, is a Certified Imago Relationship Therapist with over 25 years' experience counseling couples, individuals and families experiencing challenges ranging from marital conflict, sexual and emotional intimacy, chronic and terminal illness, caregiver stress, special needs parenting concerns, adoptees' identity concerns, and other areas of suffering and difficulty. Imago Therapy offers a safe, focused and non-confrontational method of dealing with conflict. Aviva is also pursuing accreditation in Certified Sex Therapy through AASECT (American Association of Sex Educators, Counselors, and Therapists ). Her website is available at [www.avivachanskyguttman.com](http://www.avivachanskyguttman.com) Reach her at 631-885-4375. Offices in Long Island and Manhattan

**CHRISTOPHER HELIN** (Weathering Job Transitions. Preserving Your Future) Chris Helin is a Certified Financial Practitioner (CFP) and runs a financial planning practice at Amerprise Financial for the past 14 years. “I help my clients achieve their dreams for today, tomorrow, and well into the future – using our exclusive *Confident Retirement* approach”. It starts with a personalized conversation about covering essentials, ensuring lifestyle, preparing for the unexpected and leaving a legacy. By breaking your financial goals down into doable steps, we can help take the uncertainty out of planning for your financial future. Earned a B.S. in Economics from the University of North Carolina at Chapel Hill, Chris lives in Port Washington with his wife, daughter and two dogs.

**TOKEY HILL** (Fitness Kickboxing) is the first American to have ever won the World Championships in Karate. He presently is the coach of the US National Karate Team and director of Tokey Hill's Karate Center.

**RICHARD JACK** (How To Select the Right Financial Advisor / Back to Basics: Are Your Investments Getting the Attention they Deserve? / Investment Research: Methods for Evaluating Stocks, Bonds and Mutual Funds) **Richard Jack**, Principal Chief Investment Strategist, and **Thomas Efthimiou**, Principal Managing Director, have 20+ years of experience in the Financial Management field. Both Rich and Tom are truly dedicated to advising and educating Clients on choosing the RIGHT investments and Investment Advisor(s). They help Clients eliminate the confusion and make appropriate decisions within their investment portfolio to help them reach THEIR GOALS. While advising is important and critical to financial stability, education is key!! Rich and Tom educate the general public through seminars on different financial topics.

**MARGO KARLER** (Planning A Dream Vacation / Actually Booking Your Dream Vacation) has a Bachelor's degree in Anthropology and over 30 years creating custom global travel for friends and family. Her travel experiences include photography safaris in Eastern and Southern Africa, climbing mountains to observe Rwandan Gorillas, sailing on Live-Aboard boats in the Galapagos Islands, camping in Peru and the Serengeti, searching Central and South American jungles for archaeological ruins, and scuba diving the Great Barrier Reef, Belize, Costa Rica and South America.

**RICHARD LANDSMAN** (Getting Organized Financially) has been the President of Nottinghill Capital Inc. in Roslyn for the past 15 years. Previously he was a Sr. Executive VP at Smith Barney for 15 years. He is an Adjunct Professor at both Columbia University and St. John's U. Business Schools.

**FANNY LEE** (Chinese) earned her Bachelor's degree in Taiwan. She now teaches Chinese at Friends Academy. Her goal is to be an e-teacher.

**CAROL LEITNER** (How to Create Optimal Levels of Health & Happiness, Naturally / Gentle Stretch & Strengthening With Meditation for All) MBA, Health Care Administration, Mount Sinai School of Medicine/Baruch College, Founder of The Wellness and Entrepreneurs Exchange, Organizer of Holistic Living on Long Island, Planner of Holistic Health Expos and Events, Holistic Health Educator, Certified Kripalu Yoga Instructor, Certified in Yoga for Depression and Anxiety, Thai Yoga Body Worker.

**DAN LEVINE** (Voice Overs – NOW is YOUR Time) has over 11 years of diversified experience as a voiceover artist. His versatile voice has been heard worldwide in TV and radio commercials, promos, documentaries and animated films. He's done campaigns for Sprite, Verizon, Yahoo! and he's also "Alex" the voice of the MAC Operating System, iTunes and the iPod Shuffle

**DEBBIE MATTMANN** (Total Body Workout) Has taught physical fitness classes for the past 30 years. She lives in Port and has been a Certified Personal Trainer for over 15 years. She is also AFFA certified.

**WENDY MEAGHER** (Mah Jongg) As an avid Mah Jongg player for the past 50+ years, I still love to hear the clicking of the tiles, and relish the joy in sitting down to play an evening of Mah Jongg with both new and old friends. For the past 5 years I have shared my love of the game by successfully teaching this exciting and very challenging pastime in Adult Education sessions on Long Island and have proudly turned a vast amount of ordinary people into fun Mah Jongg junkies!! I welcome you to come along for the ride!!

**PHIL MESSINA** (Self Defense from Modern Warrior) is founder and President of Modern Warrior. Highly decorated by the NYPD, he has been featured on national and international TV, radio, newspapers and magazines. He has conducted training seminars for police trainers and officers in the US and abroad. Serves on ILEETA Board.

**RICHARD MIGLIETTA** (Basketball) A graduate of Paul D. Schreiber HS in 2004, Rich played 4 years of basketball for the Vikings. He played Club Basketball at SUNY Cortland and graduated with a Degree in Physical Education. Also, Rich has a Master's Degree in Health from Hofstra University. He has been teaching Physical Education in Port for 7 years, 5 years at the elementary level and 2 years at Weber. He has been coaching basketball for 9 years at various levels including JV Boys and several AAU teams. Rich is currently the girls 7<sup>th</sup> grade Basketball Coach at Weber. He also coaches the boys 8<sup>th</sup> grade Soccer team and the girls 8<sup>th</sup> grade Softball team.

**BETH MOHR** (Gentle Chair Yoga & Balancing Class) Beth is a 500 hr. certified yoga instructor who has been studying since 2004. She is available in private practice in the Great Neck/Port Washington area.

**KRIS NOONAN** (Piano – Beginner & Intermediate / English as a Second Language) is a licensed and certified teacher for ESL. She has instructed foreign students for the citizenship test. She is bilingual. She has taught piano for 20 years at all levels.

**NAOMI PENNER** M.A. (Spanish Communication For Business, Home and Travel/ Dancing Latin and Disco Hustle) is a retired NY State certified teacher and counselor. She worked in the high schools in Great Neck for 34 years and currently teaches in several adult programs. She has taught communication and relationship skills since 1975. She has sponsored many social dances and events on Long Island and in NYC and has hosted radio and TV programs.

**JOANN PERAHIA** (The “Business” of Acting) Managing her twin sons acting careers who are SAG feature film actors paved the way for this class. Joann also performs as a VO artist and can be seen on shows such as Billions, Madam Secretary and more. She has spoken at many acting schools describing the process as the Business side is truly neglected. Joann is a booking agent at Megatalentworks in LA. She also teaches Figure Skating.

**STACY PINCHIAROLI** (Buying & Selling on E-Bay) is a power seller and has been selling on eBay for 14 years for people on consignment. She has a high feedback rating from buyers and a successful auction completion rate. She has taught this course at other Adult Education programs.

**PORT WASHINGTON TENNIS ACADEMY** (Tennis) has been associated with Continuing Education since 1984 using their teaching facility and professionals to teach tennis to the Port Washington community.

**FEROSA PLOTKIN** (Basic Sewing And Dressmaking) A Port Washington resident for 41 years, Ferosa has been a professional tailor and enjoys sewing for herself and others.

**CHRIS ROMANCE** (CPR & AED / First Aid Certification Course) is the President and CEO of the Emergency Response Consulting Group, Inc., a multidisciplinary training and emergency management consulting firm. Graduate of FBI National Academy, NYS Certified Police Instructor, US Dept. of Homeland Security Advanced Incident Command Instructor.

**STEVE SEMRYCK** (The A,B,C & D’s of Medicare) is a resource for the senior marketplace. The goal is to provide assistance and a better understanding of Medicare which will help you to make intelligent decision concerning your health insurance coverage.

**HEATHER SIEGEL** (Creative Writing – Fiction and Non-fiction) Heather Siegel is an award winning author of the memoir, *Out From the Underworld* (Greenpoint Press, 2015) with two forthcoming works in progress. She holds an MFA from The New School and her work has appeared on *Salon.com* and in various online magazines and websites. She lives on Long Island with her family, and enjoys teaching and helping others cull and craft their writing. More about her can be found at [www.heathersiegel.net](http://www.heathersiegel.net)

**JEFFREY R. SILVERMAN** (Keep Income Flowing During Retirement / Life Planning for Children with Special Needs) is both a Certified Financial Planner practitioner and a licensed attorney in the State of New York. He has the combined experiences in financial and legal matters to successfully handle the many issues involved with retirement planning matters. Mr. Silverman works with his clients to develop and implement effective lifetime planning strategies to assure that their needs are properly handled throughout their lives.

**RON STEIGER** (Financial Education for Newlyweds / Living Wills, Health Care Proxy, Power of Attorney / Moving Your IRA's & 401K's / How to 101-Buying & Selling a Home, / ABC's of Annuities...) Ronald Steiger with Realty Connect USA in Woodbury is a New York State Licensed Realtor. In addition, Ronald Steiger, a Financial Advisor, is also the Regional Sales Director for Woodbury Financial Services, Inc. Steiger, known on Long Island as "the Real Estate Workhorse", has lectured to well over 100,000 people on Financial Services & Products and on How to Buy & Sell a Home. He is active in many Long Island Charities, and is the Public Relations Officer for the Bellmore JFK Alumni Association, as well as being a member of the Hall of Fame of John F. Kennedy High School.

**MICHIKO TANI** (Japanese) is a Japanese conversation teacher in NYC. She received her BA and MA in Kobe, Japan. She works for the Berlitz School of Languages of America.

**US POWER SQUADRON** (America's Boating Course) is the world's largest private non-profit boating organization with over 55,000 members. Its members are boating families who contribute to the community by promoting safe boating on the water and in the classroom.

**MICHAEL USOSKIN** (Power Volleyball) has been involved with the Port Washington Continuing Education Power Volleyball Program since 1995. He plays competitively year-round in the NY Urban Professionals Volleyball League, and in other leagues and groups, including beach volleyball in the spring/summer/fall seasons.

**JULIE WARD-ABDO** (Medicare and You. Have Questions, Get Answers!) Julie Ward-Abdo is a health insurance coordinator specializing in Medicare health insurance plans. Her expertise and knowledge of the healthcare industry enables her to work with clients having various needs and concerns. She has a proven ability to foster relationships with her clients as well as healthcare partners. During the past seven years, she has worked to combine educational outreach and professional leadership, initiating CMS approved educational seminars at government agencies, senior facilities and not for profit organizations. Julie is most fulfilled when she works with people one on one and knows they have peace of mind regarding their healthcare choices.

**SANDY FALLON WOISIN** (Horseback Riding) has grown up in the horse business, 3rd generation. Competed extensively and trained other riders for championships.